

December 2003 Cub Scout Roundtable "Home Alone"



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Home Alone Opening Ceremony:

Cub scouts line up facing the audience holding colorful, decorated signs that have the letters “H-O-M-E” written on them.

CUB SCOUT 1: Home is where my heart is.

CUB SCOUT 2: Home is where my own things are.

CUB SCOUT 3: Home is where my family is.

CUB SCOUT 4: Home is where everyone is welcome.

CUB SCOUT 5: We are privileged to live in a country where everyone is welcome. Please join us in honoring our country through the Pledge of Allegiance.

Prayer:

“God, guard and protect the youth of our nation as they grow into our citizens of tomorrow. Help us as leaders to teach our Cub Scouts to be prepared for whatever challenges they face as they grow into manhood. Amen.”

Ice Breaker:

Hold up a poster board with the letters U-R-A-O-K written on it. Ask if anyone knows what this means. Then give the U-R-A-O-K applause in recognition of all those who participated: “You are A-OK!”

Song: “Home Alone”

Tune: “Home on the Range”

O, give me a home where I’m safe all alone,
A place where I’m s’posed to be
I might eat a snack and hang up my backpack,
‘Til my fam’ly returns home to me.

Chorus:

Home, home all alone,
I’ll follow the list made for me.
I’ll check off my chores,
Play a fun game indoors,
‘Til my fami’ly returns home to me.
Sometimes I must stay at home by myself. I won’t
worry ‘bout being alone.

If the telephone rings or the door ding-a-lings, My
parents told me what to do.

Chorus.

Audience Participation Story: Safe Trip Home

Read the following story. Instruct the audience to do the following actions when the cues are read:

LEFT: Audience moves one seat to the left. If a participant is at the end of a row, he or she will stand to the left of the last seat.

RIGHT: Audience move one seat to the right. If a participant is at the end of a row, he or she will stand to the right of the last seat.

JOHNNY CUB SCOUT: Stand and yell, “We’ll do our best!” then sit.

JOHNNY CUB SCOUT was nervous. Today, he would have to walk home all by himself. It would be the first time JOHNNY CUB SCOUT would walk home by himself. The night before, JOHNNY CUB SCOUT and his mom practiced walking home. At every street, they looked LEFT, they looked RIGHT, and then they looked LEFT again to make sure it was safe to cross. JOHNNY CUB SCOUT sometimes forgot to look LEFT, so he always made sure he looked LEFT two times. JOHNNY CUB SCOUT LEFT the school. He walked to the corner. He looked LET, then RIGHT, and the LEFT again. He walked a block and turned LEFT. When it was time to cross, he looked LEFT, then IRGHT, and then LEFT again. And LEFT one more time to be sure.

JOHNNY CUB SCOUT wasn’t feeling scared anymore. He knew he had only a few more blocks before he was home. He would turn RIGHT, go a block, turn RIGHT, and he would be on his street. At the next corner, JOHNNY CUB SCOUT got ready to cross the street. He looked LET, he looked RIGHT, and he looked LEFT again. No cars, so he crossed. At the end of the next block, he turned RIGHT. Then RIGHT again. JOHNNY CUB SCOUT’s house was the first house on the LEFT. He had made it home, RIGHT on time!

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Theme-Related Activity: **First Aid and Safety.**

Invite a representative from the Red Cross, fire department, local health department, community services department of a local hospital, or a school principal to talk about children who must care for themselves at home. Include realistic expectations and do’s and don’ts. This discussion should be informative, open and frank. Perhaps arranging a “buddy system” where older children check on younger children would work for some. Literature from the organizations would be a plus.

WEBELOS GRADUATION CEREMONY:

Personnel: Cubmaster, den leader, Webelos Scouts; parents or guardians of the boys who are graduating; Scoutmaster, senior patrol leader of the troop.

Have the parents or guardians of the boys who are graduating stand at the front of the room. The Cubmaster announces each Webelos Scout, who then joins his family. The Cubmaster introduces the den leader. The den leader comes forward and says one sentence about how each boy has lived the Cub Scout Promise. (Johnny lives the Cub Scout Promise by doing his best at swimming. Charlie lives the Cub Scout Promise by helping other people by participating in Scouting for Food, etc) The boys do their den cheer or yell for the last time and present their den leader with the den flag.

CUBMASTER: Family members, please remove the blue shoulder loops and Webelos neckerchief from your son’s uniform.

(The Scoutmaster stands on the opposite side of the bridge.) Cubmaster: As I announce your name, walk over the bridge to meet your Scoutmaster. (They do this. If possible, have the senior patrol leader present them with the red shoulder loops and troop neckerchief.)

The Scoutmaster gives a brief welcome.

CUBMASTER: Scouting friends and families, I now present to you the newest members of Boy Scout Troop(s) _____.

(Cubmaster leads applause and then has boys and their families return to their seats.

Separate Meetings:



Tiger Cub Den Leaders and Cub Scout Den Leaders-



Activity: My Family Centerpiece

Materials: Large foam ball; bamboo skewers or pipe cleaners; craft foam; pictures of family members; glitter; glue; paper or plastic plates. Cut ball in half. Place the ball cut side down on a paper or plastic plate. Add glue and glitter to the surface of the ball. Cut shapes from craft foam. (Use shapes that describe your family member like initials or sports.) Pierce the craft foam shapes with skewers or pipe cleaners. Glue pictures onto the shapes. Stick the skewers or pipe cleaners into the foam.

Webelos Den Leaders:

Fitness Activity: Meal Chart



Day	Breakfast	Lunch	Supper	Snacks
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				

Materials: Poster board made into a grid of seven days, with four squares across labeled

breakfast, lunch, supper, snacks. Use a pencil to fill in the meals. Have the Webelos Scouts keep track of what food they eat for one week. At the end of the week, have them cross out unhealthy foods and mark good food choices with colorful stickers.

Readyman Activity:

Name the Problem

Materials: Blue, white, and red face makeup (purchased from a costume store or made from the recipe in the Cub Scout Leader How to Book); fake

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blood (mix two teaspoons of powdered hot chocolate mix with a few drops of water and a drop or two of red food coloring); plastic wrap; black and brown markers; a dried chicken bone; white craft glue

- with the boy’s approval, make up his face with a very light coating of white makeup. Add a very light blue around the eyes and mouth. What problem is this? (Shock) Treatment?
- Wrap plastic wrap around a boy’s hand or arm. With a black and brown marker, draw scratches, and then add some fake blood. What problem is this? (Cuts and scratches) Treatment?
- Rub some red makeup on a boy’s arm or hand to make it look light red. What’s the problem? (Scalds.) Treatment?
- Do the same as for scalds, but make the arm or hand a darker red and add some drops of white craft glue. What’s the problem? (Burns.) Treatment?
- Wrap a boy’s arm, leg or hand in plastic wrap. Use the markers to draw an open wound and add some fake blood to make it look like it is bleeding. What’s the problem? (Serious bleeding or hemorrhage) Treatment?
- Have the boys guess the problem and take turns being the victim. Treatment for each problem can be found in the Webelos Scout Handbook.

fill in the blanks to meet your own needs. As a gathering activity, this game can be played until the meeting starts.



Cubmasters:

Homemade Awards:

Almost anything can be used as an original award, just look around your house!

- Mint- Thanks for your commit-mint.
- Mini salt shakers-You are the salt of the earth.
- Bag of nuts- We would have to be nuts not to thank you.
- Silver Spoon Award-Large silver serving spoon wrapped in blue and gold ribbon; present to the blue and gold banquet chairman.
- Mini Teddy Bear-We couldn’t bear it without you.
- Light Bulb- Great idea award!
- Tape- Thanks for sticking with it.
- Thumbprints on a card (draw eyes, hands, and feet)- Thumbbody thinks you are special.
- What else can you think of?

Home Alone Safety Tips Closing Ceremony

- CUB SCOUT 1: Whenever you are home alone, remember to follow these safety rules.
- CUB SCOUT 2: Know how to work the door and window locks in your home. Always lock the door after you come in
- CUB SCOUT 3: Never open the door for anyone you don’t know. If someone you don’t know comes to the door, don’t tell the person that you are home alone. Tell them that your parents are busy and ask them to come back.
- CUB SCOUT 4: Don’t let people who call know that you are home alone. When you answer the telephone, say “My parents can’t come to the phone right now,” and ask the person to call back.
- CUB SCOUT 5: Know whom to contact in an emergency---Call 911, your family, a neighbor, or a friend. Have the numbers handy.
- CUB SCOUT 6: If anything happens to you while you are home alone that makes you feel uncomfortable, tell an adult you trust-every time!

Pack Leaders: “Get Me Home”

To play: Players flip a coin to advance on the board. Heads advance one square. Tails advance two. The players must follow the directions written on their square. Game is played until a player reaches home. The squares shown will get you started. Add more squares and

Get Me Home

	Materials: Large room to make a grid on the floor (squares must be made large enough for adults to stand in) and a coin. Grid suggestions: recycled poster board, campaign or yard signs, carpet squares, etc.	
Did not cross at corner. Go back 2 spaces.		Climbed a tree. Go back 3 spaces.
Used the crosswalk. Move ahead 2 spaces.		Crossed at corner. Move ahead 2 spaces.
Locked both ways. Passing 1st. Move 3 spaces ahead.		Talked to a stranger. Go back to Start.
		Forgot key at school. Go back to Start.